



DGSA Open Gyms & Mini Clinics West De Pere High School Gym Winter - 2008



DGSA open gyms and mini clinics are open to all elementary & middle school DGSA softball participants and their parents. There are no fees or registration required to participate. West De Pere High School softball coaches, DGSA coaches and volunteers will provide instruction.

The open gyms will have stations of instruction provided by coaches to enhance skills and technical abilities. Open gym space is also available for individual work outs. Each U6 & U8 player participating in mini clinics must be accompanied by an adult participant.

Bring gloves. Wear athletic clothing & footwear. Softballs and bats will be provided. Players can bring their own bat.

Open Gym & Mini Clinic Dates & Times:

January 27, 2008 – 3:30 – 5:30PM

February 17, 2008 – 9AM to 11AM

February 24, 2008 – 3:30 – 5:30PM

March 16, 2008 – 3:30 – 5:30PM

Pitching Clinics/Open Gym for Pitching:

April 12, 2008 – 9AM to 10AM

April 26, 2008 – 9AM to 10AM

May 3, 2008 – 9AM to 10AM

Questions? Contact Keith Brunette – West De Pere Varsity Softball Coach @ kjbs softball@aol.com